

Introduction

Alexis:

Hey, guys, Alexis here. We're finishing our session on faith by talking about the Holy Spirit - who comforts and guides. The Spirit tells us the truth that we won't even tell ourselves, convicting us of our sins and pointing us to God.

Hearing the Holy Spirit

The reason the Holy Spirit is able to do that is because the Spirit is God's personal presence living in us.

When Jesus first told his followers about the Holy Spirit, he said:

But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. (John 16:13)

Sometimes, though, it's hard to tell the difference between the genuine guidance from the Holy Spirit and our desires masquerading as divine leading. Our lives are loud, and when the Holy Spirit speaks softly, we sometimes don't hear.

When you find yourself in a game of "Which is it?" remember that the Holy Spirit never leads us to actions contrary to God's Word.

In fact, the more you're in God's Word, the more you'll be able to listen and respond to the Spirit's voice.

Take a look at your life right now. How much of it would you say aligns with God's Word? Reflect and ask the Holy Spirit to guide you in the following areas: Relationships, money, goals, occupational choices, the future.

With the Holy Spirit, you can be sure that you are never walking alone. Psalm 139 shows us just how present God is in our lives. Check this out:

Where can I go from your Spirit?

Where can I flee from your presence?
If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
If I rise on the wings of the dawn,
if I settle on the far side of the sea,
even there your hand will guide me,
your right hand will hold me fast.
If I say, "Surely the darkness will hide me
and the light become night around me,"
even the darkness will not be dark to you;
the night will shine like the day,
for darkness is as light to you.
(Psalm 139:7-12)

No matter where we find ourselves, we cannot hide from God's loving presence.

Take a moment and think back to any time when you felt alone. Were you really alone? Ask God to reveal ways the Holy Spirit comforted and guided you. Write down your experiences.

The Holy Spirit is God's personal presence who comes to live with us as we follow Jesus.

As Christians, we don't put our faith in some vague idea or higher power. We put it in the God who created us, Jesus, who saved us, and the Holy Spirit, who empowers and guides us. Our faith is in a person, and that person is always with us.